



## APRIL-JUNE 2025 MENU

*Every child deserves a healthy start.<sup>TM</sup>*

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor. Our sauces and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives. Our hamburger patties are 100% natural beef, and our chicken is fresh and natural.

For our sandwiches, we proudly utilize locally produced artisanal breads.

Each meal is served à la carte and includes packaged utensils, napkins, and condiments.

All are individually packaged and labeled with student name and grade.

Menu Options Always Include:

Vegetarian

Vegan

Gluten Free

Dairy Free



## APRIL-JUNE 2025 MENU

### MONDAYS

Vegetarian / Veg Option    Vegan    Gluten Free / GF Option    Dairy Free

#### SALADS

**PLAIN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$7.50

**GRILLED CHICKEN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$8.25

**CHICKEN ORZO PASTA SALAD** Feta Cheese, Red Onion, Tomato, Cucumber, Kalamata Olive, Basil, Spinach, Balsamic Dressing \$8.25

#### SANDWICHES

**BASIC TURKEY HOAGIE** Provolone Cheese \$6.75

**GRILLED CHICKEN & BACON WRAP** Tomato, Romaine, Cheddar Cheese, Chipotle-Ranch Dressing, Flour Tortilla \$8.75

**HAM & CHEDDAR CHEESE SLIDERS (3)** Sweet Hawaiian Roll \$7.50

**SUNBUTTER & JELLY SANDWICH** White Bread **V GF Option** \$6.25

**TURKEY & CHEDDAR SANDWICH COMBO** Fruit of the Day, Miss Vickie's Chips, Cookie \$9.50

#### COLD & HOT ENTREES

**4 PIECE CHICKEN TENDERS** **DF** \$7.95

**ALL BEEF HOT DOG** Traditional Bun **DF GF Option** \$5.00

**BLACKENED CHICKEN PASTA 12 oz** Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce \$8.95

**BUTTERED NOODLES WITH CHICKEN 12 oz** Penne Pasta, Chopped Grilled Chicken **GF Option** \$7.95

**BUTTERED NOODLES 8 oz** Penne Pasta **VEG GF Option** \$6.50

**FALAFEL PITA KIT** Carrot, Jicama, Tomato, Cucumber, Tzatziki Sauce, Hummus, Pita Bread **VEG** \$7.95

**GRILLED CHICKEN PITA KIT** Carrot, Jicama, Tomato, Cucumber, Tzatziki Sauce, Hummus, Pita Bread \$8.25

**CHICKEN TIKKA MASALA** Peas, Buttered Basmati Rice **GF** \$8.95

**HOT PESTO CHICKEN SANDWICH** Mozzarella, Tomato, Pesto, Baguette \$7.95

**MAC & CHEESE** Macaroni, House Made Cheese Sauce **VEG GF Option** **8 oz** \$7.25 / **12 oz** \$7.75

**SHREDDED BEEF BURRITO** Cheese, Sour Cream, Pinto Beans, Tomato Rice \$8.35

#### SNACKS & BEVERAGES

**Bottled Water** \$1.25

**Organic Milks** \$2.95

**Honest Juice** \$1.75

**Edamame** \$3.25

**San Pellegrino** \$2.85

**Whole Apple** \$0.95

**Orange Slices** \$2.75

**Cucumbers & Ranch** \$2.75

**Carrots & Hummus** \$2.95

**Miss Vickie's Chips** \$2.10

**Smartfood Popcorn** \$2.10

**Stacey's Pita Chips** \$2.10

**Whole Grain Cheez Its** \$0.85

**Protein Bites (2)** \$3.75

**Freshly Baked Cookies** \$1.20



## APRIL-JUNE 2025 MENU

### TUESDAYS

Vegetarian / Veg Option    Vegan    Gluten Free / GF Option    Dairy Free

#### SALADS

**PLAIN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$7.50

**GRILLED CHICKEN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$8.25

**ROSEMARY CHICKEN SALAD** Hard Boiled Egg, Cucumber, Peas, Red Onion, Red Cabbage, Garbanzo Bean, Feta Cheese, Arugula, Lemon-Yogurt Dressing \$8.25

#### SANDWICHES

**HONEY BBQ CHICKEN TENDER WRAP** Tomato, Romaine, Cheddar Cheese, Ranch Dressing, Flour Tortilla \$8.25

**SUNBUTTER & JELLY SANDWICH** White Bread **V GF Option** \$6.25

**TURKEY & CHEDDAR CHEESE SLIDERS (3)** Sweet Hawaiian Roll \$7.50

**HAM & CHEDDAR SANDWICH COMBO** Fruit of the Day, Miss Vickie's Chips, Cookie \$9.50

#### COLD & HOT ENTREES

**4 PIECE CHICKEN TENDERS** **DF** \$7.95

**ALL BEEF HOT DOG** Traditional Bun **DF GF Option** \$5.00

**BACON BREAKFAST BURRITO** Scrambled Egg, Tater Tot, Cheddar Cheese, Flour Tortilla \$

**BEAN & CHEESE BURRITO** Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG** \$6.50

**BUTTERED NOODLES WITH CHICKEN 12 oz** Penne Pasta, Chopped Grilled Chicken **GF Option** \$7.95

**BUTTERED NOODLES 8 oz** Penne Pasta **VEG GF Option** \$6.50

**COLD TOFU UDON NOODLE BOWL** Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame Seed, Soy-Ginger Dressing **V DF** \$8.25

**HOT HAM & SWISS CHEESE SLIDERS (3)** Garlic Butter, Sweet Hawaiian Roll \$7.50

**PENNE CHICKEN ALFREDO 12 oz** Parmesan Cream Sauce **GF Option** \$8.95

**PENNE ALFREDO 8 oz** Parmesan Cream Sauce **VEG GF Option** \$7.75

**SHEPHERD'S PIE** Seasoned Ground Beef, Creamy Mashed Potato, Pea, Carrot, Cheddar Cheese **GF** \$8.95

#### SNACKS & BEVERAGES

**Bottled Water** \$1.25

**Organic Milks** \$2.95

**Honest Juice** \$1.75

**Edamame** \$3.25

**San Pellegrino** \$2.85

**Whole Orange** \$0.95

**Pineapple Cup** \$3.95

**Cucumbers & Ranch** \$2.75

**Carrots & Hummus** \$2.95

**Miss Vickie's Chips** \$2.10

**Smartfood Popcorn** \$2.10

**Stacey's Pita Chips** \$2.10

**Whole Grain Cheez Its** \$0.85

**Protein Bites (2)** \$3.75

**Freshly Baked Cookies** \$1.20



## APRIL-JUNE 2025 MENU

### WEDNESDAYS

Vegetarian / Veg Option    Vegan    Gluten Free / GF Option    Dairy Free

#### SALADS

**PLAIN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$7.50

**GRILLED CHICKEN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$8.25

**CHINESE CHICKEN SALAD** Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton Strip, Orange-Sesame Dressing **DF** \$8.25

**CHINESE TOFU SALAD** Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton Strip, Orange-Sesame Dressing **V DF** \$7.25

#### SANDWICHES

**ITALIAN COLD SUB** Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette \$8.25

**ROAST CHICKEN & SWISS SANDWICH** Arugula, Tomato, Caramelized Onion, Garlic & Herb Mayo, Baguette \$8.50

**SUNBUTTER & JELLY SANDWICH** White Bread **V GF Option** \$6.25

**HAM & CHEDDAR CHEESE SLIDERS (3)** Sweet Hawaiian Roll \$7.50

**TURKEY & CHEDDAR SANDWICH COMBO** Fruit of the Day, Miss Vickie's Chips, Cookie \$9.50

#### COLD & HOT ENTREES

**4 PIECE CHICKEN TENDERS** **DF** \$7.95

**ALL BEEF HOT DOG** Traditional Bun **DF GF Option** \$5.00

**BUTTERED NOODLES WITH CHICKEN 12 oz** Penne Pasta, Chopped Grilled Chicken **GF Option** \$7.95

**BUTTERED NOODLES 8 oz** Penne Pasta **VEG GF Option** \$6.50

**CALIFORNIA "POKE" BOWL** Krab, Sticky Rice, Edamame, Tomato, Cucumber, Japanese Carrot, Cabbage, Green Onion, Side of: Pickled Ginger, Sriracha-Sesame Mayo, Soy Sauce **DF** \$9.35

**CHEESEBURGER** Cheddar Cheese, White Bun **GF Option** \$7.75

**HAMBURGER** White Bun **DF GF Option** \$7.50

**CHICKEN FRIED RICE 12 oz** Scrambled Egg, Carrot, Corn, Onion, Peas **DF** \$8.75

**KOREAN BBQ BEEF BURRITO** Kimchi, Cilantro, White Rice, Sriracha Mayo, Flour Tortilla **DF** \$8.35

**WHOLE GRAIN CHICKEN CORN DOG** **DF** \$4.75

#### SNACKS & BEVERAGES

**Bottled Water** \$1.25

**Organic Milks** \$2.95

**Honest Juice** \$1.75

**Edamame** \$3.25

**San Pellegrino** \$2.85

**Whole Banana** \$0.95

**Mixed Fruit Cup** \$3.50

**Cucumbers & Ranch** \$2.75

**Carrots & Hummus** \$2.95

**Miss Vickie's Chips** \$2.10

**Smartfood Popcorn** \$2.10

**Stacey's Pita Chips** \$2.10

**Whole Grain Cheez Its** \$0.85

**Protein Bites (2)** \$3.75

**Freshly Baked Cookies** \$1.20



## APRIL-JUNE 2025 MENU

### THURSDAYS

Vegetarian / Veg Option    Vegan    Gluten Free / GF Option    Dairy Free

#### SALADS

**PLAIN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$7.50

**GRILLED CHICKEN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$8.25

**GRILLED CHICKEN & STRAWBERRY SALAD** Field Green, Strawberry, Cucumber, Feta Cheese, Sunflower Seed, Sherry Dressing GF \$8.85

#### SANDWICHES

**OVEN ROASTED TURKEY CLUB SANDWICH** Bacon, Lettuce, Tomato, White Bread DF GF Option \$8.25

**SUNBUTTER & JELLY SANDWICH** White Bread V GF Option \$6.25

**HARISSA CHICKPEA SALAD SANDWICH** Red Onion, Celery, Bell Pepper, Cilantro, Preserved Lemon Tahini, Lettuce, Tomato, Multigrain Bread V \$7.15

**HAM & CHEDDAR SANDWICH COMBO** Fruit of the Day, Miss Vickie's Chips, Cookie \$9.50

#### COLD & HOT ENTREES

**4 PIECE CHICKEN TENDERS** DF \$7.95

**ALL BEEF HOT DOG** Traditional Bun DF GF Option \$5.00

**BBQ PULLED PORK SLIDERS (3)** Sweet Hawaiian Roll \$7.95

**BBQ CHICKEN & SWEET POTATO MASH** Green Beans DF GF \$8.75

**BEAN & CHEESE BURRITO** Cheddar Cheese, Pinto Bean, Flour Tortilla VEG \$6.50

**BUTTERED NOODLES WITH CHICKEN 12 oz** Penne Pasta, Chopped Grilled Chicken GF Option \$7.95

**BUTTERED NOODLES 8 oz** Penne Pasta VEG GF Option \$6.50

**COLD PORK DUMPLINGS (6)** Cucumber, Edamame, Ponzu \$8.50

**CRB BURRITO** Chopped Grilled Chicken, Spanish Rice, Pinto Bean, Flour Tortilla DF \$7.25

**PENNE & MEATBALLS 12 oz** Marinara, Parmesan Cheese \$8.95

**PENNE MARINARA 8 oz** DF VEG GF Option \$7.15

#### SNACKS & BEVERAGES

**Bottled Water** \$1.25

**Organic Milks** \$2.95

**Honest Juice** \$1.75

**Edamame** \$3.25

**San Pellegrino** \$2.85

**Whole Apple** \$0.95

**Watermelon** \$2.95

**Cucumbers & Ranch** \$2.75

**Carrots & Hummus** \$2.95

**Miss Vickie's Chips** \$2.10

**Smartfood Popcorn** \$2.10

**Stacey's Pita Chips** \$2.10

**Whole Grain Cheez Its** \$0.85

**Protein Bites (2)** \$3.75

**Freshly Baked Cookies** \$1.20



## APRIL-JUNE 2025 MENU

### FRIDAYS

Vegetarian / Veg Option    Vegan    Gluten Free / GF Option    Dairy Free

#### SALADS

**PLAIN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$7.50

**GRILLED CHICKEN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing \$8.25

**BEEF TACO SALAD** Romaine, Tomato, Roasted Corn, Black Bean, Cheddar Cheese, Pico de Gallo, Corn Tortilla Strips, Salsa Ranch Dressing **GF** \$8.15

#### SANDWICHES

**COLD FALAFEL WRAP** Romaine, Cucumber, Diced Tomato, Roasted Beet Hummus, Tahini Sauce, Flour Tortilla **V** \$7.95

**TURKEY & PESTO SANDWICH** Arugula, Tomato, Roast Red Onion, Ricotta Pesto, Olive Tapenade, Balsamic, Baguette \$8.75

**TUNA SALAD CROISSANT** Lettuce, Tomato \$8.50

**SUNBUTTER & JELLY SANDWICH** White Bread **V GF Option** \$6.25

**TURKEY & CHEDDAR SANDWICH COMBO** Fruit of the Day, Miss Vickie's Chips, Cookie \$9.50

#### COLD & HOT ENTREES

**4 PIECE CHICKEN TENDERS** **DF** \$7.95

**ALL BEEF HOT DOG** Traditional Bun **DF GF Option** \$5.00

**BUTTERED NOODLES WITH CHICKEN 12 oz** Penne Pasta, Chopped Grilled Chicken **GF Option** \$7.95

**BUTTERED NOODLES 8 oz** Penne Pasta **VEG GF Option** \$6.50

**CHEESEBURGER** Cheddar Cheese, White Bun **GF Option** \$7.75

**HAMBURGER** White Bun **DF GF Option** \$7.50

**VEGGIE CHEESEBURGER** Cheddar Cheese, White Bun **VEG** \$7.25

**CARNE ASADA TATER TOTS** Nacho Cheese, Tomato Salsa, Pickled Jalapeño, Onion, Cilantro **GF** \$8.75

**CHEESE PIZZA!** Mozzarella Cheese, Cheddar Cheese, Tomato Sauce, Pizza Crust **VEG** \$6.25

**PEPPERONI PIZZA!** Mozzarella Cheese, Pepperoni, Tomato Sauce, Pizza Crust \$7.50

**LEMONGRASS CHICKEN BOWL** Cucumber, Carrot, Cabbage, Green Onion, Mint, Cilantro, Romaine, Rice Noodle, Sweet Chili- Lime Dressing **GF** \$8.75

#### SNACKS & BEVERAGES

**Bottled Water** \$1.25

**Organic Milks** \$2.95

**Honest Juice** \$1.75

**Edamame** \$3.25

**San Pellegrino** \$2.85

**Whole Orange** \$0.95

**Grapes** \$3.25

**Cucumbers & Ranch** \$2.75

**Carrots & Hummus** \$2.95

**Miss Vickie's Chips** \$2.10

**Smartfood Popcorn** \$2.10

**Stacey's Pita Chips** \$2.10

**Whole Grain Cheez Its** \$0.85

**Protein Bites (2)** \$3.75

**Freshly Baked Cookies** \$1.20